



Our Lady of Perpetual Help

## Our Lady of Perpetual Help Byzantine Catholic Church

Fr. Edward G. Cimbala, D.Min – Pastor

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Rev. Myron Badnerosky – Pastor Emeritus

### Liturgical Schedule

#### for the Week of November 12, 2017

**Saturday, November 11 Vigil**

23<sup>rd</sup> Sunday After Pentecost

5:30 PM +Joseph Wincielman

**Sunday, November 12 ~ 23<sup>rd</sup> Sunday After Pentecost**

9:00 AM For the Parish Family of OLPH

Festal Anointing in celebration of the Feast of St. Michael

Following the weekend Divine Liturgies

**Wednesday, November 15 ~ Gurias, Samonas, Habib**

Martyrs

7:00 PM +Edward Zapala by wife Mary

**Nativity – Philip’s Fast Begins**

**Saturday, November 18 Vigil**

24<sup>th</sup> Sunday After Pentecost

5:30 PM For the Parish Family of OLPH

**Sunday, November 19 ~ 23<sup>rd</sup> Sunday After Pentecost**

9:00 AM In Thanksgiving for All of God’s Blessings

**Followed by Parish Advisory Committee Meeting.**

**All Invited!**

### PERSONAL ASSESSMENT

You may remember, last year when we had the Personal Assessment campaign Fr. Ed expressed his optimism that such a program would not be necessary in the future. Unfortunately, Fr. Ed’s hope that the OLPH Parish Family would increase their giving throughout the year to make up the amount of the assessment didn’t happen. As we come to the end of the year we need to have an extra push to make up the shortfall in income. If you did not have the opportunity to increase your giving during 2017, please consider making an extra contribution at this time to help OLPH with its financial needs. THANK YOU!

### Candle Intentions for November

#### SANCTUARY

For the Health of Margaret Tisak

By Dr. Daniel J. Tisak

#### TETRAPOD

In memory of Aunt Mary and Uncle John Simko by niece Suzanne Houseknect

#### ALTAR OF PREPARATION

For the Health and God’s Blessings

of Betty and Ken Terryberry

(Fr. Ed’s Mother and Stepfather)

#### ALTAR OF BLESSING

In Memory of Michael & Mary Bardzak, my parents by Margaret Danka

### Candle Intentions for 2018

To make a candle intention for 2018, please make a notation on the chart that can be found on the table in the vestibule and take an envelope and a form and drop it along with your offering in the collection basket. The offering is \$25.00 per month.

### Why fast before the Nativity?

#### Question

I was wondering why we fast before Nativity. The Lenten fast seems more obvious. Also, from what foods do we normally fast from during the Nativity fast?

#### Answer

We fast before the Great Feast of the Nativity in order to prepare ourselves for the celebration of Our Lord’s birth. As in the case of Great Lent, the Nativity Fast is one of preparation, during which we focus on the coming of the Savior by fasting, prayer, and almsgiving.

By fasting, we “shift our focus” from ourselves to others, spending less time worrying about what to eat, when to eat, how much to eat, and so on in order to use our time in increased prayer and caring for the poor. We learn through fasting that we can gain control over things which we sometimes allow to control us—and for many people, food is a controlling factor. [We live in the only society in which an entire TV network is devoted to food!] While fasting from food, however, we are also challenged to fast from sin, from gossip, from jealousy, from anger, and from those other things which, while well within our control, we all too often allow to control us.

Just as we would refrain from eating a lot before going to an expensive restaurant for dinner—if we “ruin our appetite” we will enjoy the restaurant less—so too we fast before the Nativity in order to more fully feast and celebrate on the Nativity itself.

During the Nativity Fast we are challenged to fast to the best of our ability, and to do so consistently. If we must modify the extent to which we fast within this framework, it is of course possible, but in every instance our fasting should be consistent and regular, for Christ does not see fasting as an option, but as a “must.”

In Matthew Christ says, “WHEN you fast, do not be like the hypocrites,” not “IF you fast” or “IF YOU CHOOSE to fast.”

Finally, it seems quite odd that in our society—a society in which people gladly and freely spend huge sums of money for diets, most of which recommend that one refrain from red meats and dairy products—fasting is not more widely embraced.

How odd that a Jenny Craig consultant or diet guru or physician will tell us to refrain from eating meat or cheese or butter and we will gladly embrace—and pay large sums of money for—his or her advice, while when the Church offers the same advice [at “no cost”] we tend to balk, as if we were being asked to do the impossible.

***During this year’s Phillip’s/Nativity Fast prepare in a way that you have never done for the Great Feast of the Nativity of Our Lord. Do something different – do something special.***



## Danube River Cruise

Plus Munich, Budapest and Krakow  
With Fr. Ed

October 31 to November 13, 2018

Brochures Available in the Vestibule \* See Fr. Ed for more details.

Special Cruise Information Webpage \* <http://www.olphbyz.com/Pg/DanubeCruise.html>

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### St. Nicholas Christmas Party

**A Special Celebration for the Child in All of Us!**

**Sunday, December 3**

*Following the Special 10:00 Divine Liturgy*

Georgine's \* Autumn Room at the Knight of Columbus

**TICKET NOW ON SALE**

Adults ~ \$20.00 \* Children to Age 17 ~ Free

TICKETS MUST BE PURCHASED BY NOVEMBER 19

**Volunteers Needed to Help Sell Tickets Please See Margaret Churilla.**

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